

# Are you a new parent?



## Do you know about infantile spasms?

### Infantile spasms (IS) are:

- quick, sudden limb movements
- seizures that begin in the first year of life
- commonly mistaken for startle reflexes or colic
- serious



### IMPORTANT:

If left untreated, children with IS may have intellectual and developmental disabilities later in life

### How do you recognize IS?

- A combination of the following symptoms:
  - Arm raising and/or arm extension
  - Wide-eyed blinks
  - Bending forward at the waist
  - Jerking of the mid-section
  - Developmental regression/arrest
  - Dropping movements of the head

### How are IS diagnosed and treated?

- EEG - a non-invasive way to monitor brain activity
- Anti-seizure drugs such as Vigabatrin or steroids



## KNOW THE SIGNS!

For more information, go to the **IS** page at [tsalliance.org](http://tsalliance.org)



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